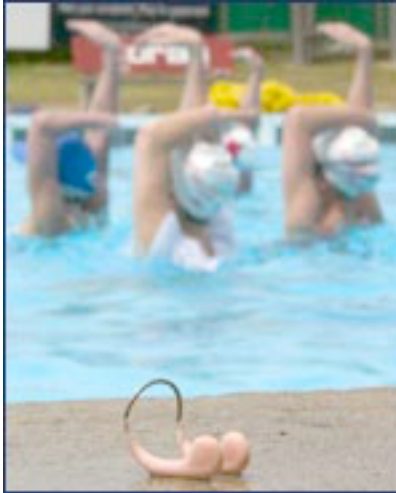


**2007
WESTERN CANADIAN
SYNCHRONIZED SWIMMING CHAMPIONSHIPS**

Information Package # 3



Date	March 22 - March 25, 2007
Location	Harry Bailey Aquatic Centre 1110 Idylwyld Drive North Saskatoon, SK S7H 0A1 Email: hbc@saskatoon.ca Phone: 306-975-3321 Fax: 306-975-7947 Web Site: http://www.saskatoon.ca/org/leisure/facilities/hbc.asp
Meet Manager	Brent Burbridge 306 Braeshire Rise Saskatoon, SK S7V 1B2 Email: brent.burbridge@usask.ca Cell: 306-717-0315 Fax: 306-655-2370 Work: 306-655-2410 Web Site: http://saskatoonaqualenes.saskatoon-sk.com/westernregionals2007.htm

Rules	This meet is conducted under CASSA Rules
Email Policy	<p>Information Packages #2 and #3, and other correspondence will be sent by email only.</p> <p>Complete email addresses for all clubs who have Tier 6 and Tier 7 athletes must be sent to:</p> <p>brent.burbridge@usask.ca</p>
Communications	<p>Email is the preferred method of communication.</p> <p>In addition, detailed information will be available from the club website at: http://saskatoonaqualenes.saskatoon-sk.com/westernregionals2007.htm</p>
Pool Entry for Events	<p>Pool entry for events is in the deep tank at the end of the pool with the 3 meter boards and the dive towers.</p> <p>The bulkhead will be covered with curtains.</p> <p>No entry into the pool via the bulkhead!!!!</p>
Registration	<p>Register in the Front Lobby of the Harry Bailey Aquatic Center from 0730 – 1500 hours.</p> <p>Please have your music ready to submit upon registration.</p>
Music	<p>Music must be registered at the time of registration for the meet.</p> <p>Your music will be organized and stored by our Music Coordinator.</p> <p>Registration will open prior to the first spacing appointment and will continue until all teams are registered.</p>
Results	<p>Printed results will not be provided.</p> <p>Results will be posted at pool side and outside the Change Room.</p> <p>Scoring and Results will be uploaded to the Synchro Canada web site as soon as it has been completed. Please download the results that pertain to you from their web site: http://www.synchro.ca/events_calendar.htm</p>

Note:

The Harry Bailey Aquatic Centre is open to the public during our competition. There are lockers available in the change room for \$0.25 a use. Please be cautious with your personal items as there have been thefts from the pool area.

No Street Shoes or Food on the Pool Deck!!!

Clubs Attending

**Calgary Aquabelles
Edmonton Auroras
Kamloops Sunrays
Killarney Synchro
Lethbridge Synchronelles
Nanaimo Diamond Synchro
Nelson Reflection
Pacific Sport Aquasonics Coquitlam
Pacific Sport Synchro Victoria
Red Deer Synchro
Regina Synchro
Saskatoon Aqualenes
Vancouver Pacific Wave
Winnipeg Synchro**

Boutique

Items will be available from Synchro Saskatchewan and Saskatoon Aqualenes throughout the event.

Banquet

**The banquet will be held at the Saskatoon Travelodge
106 Circle Drive West
Saskatoon**

**The Galaxy A Ballroom is the venue.
Please plan to be there by 1830 at the latest.
Dress is at your discretion.**

Contact Valerie Lukash with any special requests at:

vlukash@sasktel.net

Photography

Flash photography is not allowed.

A local professional photographer, Mark Reinboldt, from Just Picture it will be on site during the event. See web site - <http://www.justpictureit.net/>

Medical Services

EMERGENCY NUMBER - 911

Minor Emergency Medical Clinics (Saskatoon East Side)

LAKESIDE MEDICAL CLINIC	3918 8 TH ST	374-6884
CIRCLE CENTRE MALL	101-3301 8 TH ST	955-1530

Minor Emergency Medical Clinics (Saskatoon North and West Side)

LAURIER MEDICAL CLINIC	3110 Laurier Drive	978-2200
LENORE MEDICAL CLINIC	4-123 Lenore Drive	242-6700

Physiotherapy Clinics

DANIEL KIMBER PHYSIO CLINIC	304-3907 8 th ST	652-5151
ARMSTRONG PHYSIO CLINIC	Saskatoon Field house	653-3838

Massage Therapy

ABSOLUTE MASSAGE THERAPY	1225 Idylwyld Dr N.	931-8702
BODY TECH	101-1526 8 TH St. E.	651-1526

Hospitals

ROYAL UNIVERSITY HOSPITAL	103 Hospital Dr.	655-1000
SASKATOON CITY HOSPITAL	701 Queen St.	655-8000
ST. PAUL'S HOSPITAL	1702 20 TH St.	655-5000

Pharmacies

MEDICINE SHOPPE	1511 33 rd St. W.	931-2999
PHARMASAVE	1202 Idylwyld Dr.	374-2300

NEARBY RESTAURANTS

Harry Bailey Canteen	On site at pool	
Kelsey Cafeteria	Right next door to pool (lunches only)	
Tim Horton's	16-33 rd St. (Across the Street from Kelsey Campus, north)	
Earls	610 2 nd Ave. N	664-4060
Chianti's	102 Idylwyld Dr. N	665-8466
Tony Thomas	110 33 rd St W/corner Idylwyld	955-6000
Jasmine (Vietnamese)	3-510 Circle Dr. - down from Travelodge	244-9956
The Station	221 Idylwyld Dr N	244-7777
The Victorian	2033 Ave B N-across from Travelodge	664-2313

<p>Spacing Schedule Thursday, March 22, 2007 Harry Bailey Aquatic Centre</p>

Notes:

- 1 Time is very tight.
- 2 You probably won't be able to run through all your routines completely.
- 3 Make the most of your allocated time.
- 4 Draw was made by roll of two dice.
- 5 Please respect the times of others.
- 6 The official clock for timing is on the wall over the change room entry door to the main pool.
- 7 Club spacing will be in deep dive tank.
- 8 There is a shallow lap pool separated by a bulkhead available.
- 9 Pool entry for events is the deep end by the dive towers, not the bulkhead. The bulkhead will have curtains on it. No entry from bulkhead.
- 10 You must be ready for the Opening Ceremony starting at 1530 hours.

	Time	Club		
1	800	Pacific Sport Aquasonics		
2	855	Calgary Aquabelles		
3	1015	Nelson Reflection		
4	1021	Nanaimo Diamonds		
5	1027	Killarney Synchro		
6	1042	Red Deer Synchro		
7	1052	Kamloops Sunrays		
8	1130	Edmonton Aurora		
9	1230	Pacific Sports Victoria		
10	1300	SAQ/Team Sask		
11	1305	Team Saskatchewan		

12	1400	Winnipeg		
13	1500	Vancouver Pacific Wave		
	1515	END		

COMPETITION SCHEDULE - 2007 WESTERN CANADIAN SYNCHRONIZED SWIMMING CHAMPIONSHIPS

NOTE: THE SCHEDULE MAY CHANGE BY UP TO 30 MINUTES AT THE DISCRETION OF THE CHIEF REFEREE

Thursday March 22nd

- 08:00-15:15 Spacing
- 07:30-15:00 Registration
- 14:30-15:30 Judges Meeting
- 15:00-15:30 Coaches Meeting/Scratch Meeting – Pool Deck
- 15:30-15:45 Opening Ceremony – Welcome Messages, Athletes’ and Officials’ Oaths, O Canada
- 16:00-16:30 Tier 6 Figures - Warm Up
- 16:30-18:30 Tier 6 Figures
- 18:30-19:30 Break
- 19:00-19:30 Tier 7 Figures - Warm Up
- 19:30-20:30 Tier 7 Figures

Friday March 23rd

- 08:00-08:15 Tier 6 15&U/16&O Solo Preliminaries - Warm Up
- 08:20-09:20 Tier 6 15&U Solo Prelims
- 09:20-09:35 Judges Break
- 09:35-10:10 Tier 6 16&O Solo Prelims
- 10:10-10:25 Tier 7 Junior Solo Preliminaries/Senior Tech Solo - Warm Up
- 10:30-11:45 Tier 7 Junior Solo Prelims
- 11:45-12:00 Judges Break
- 12:00-12:20 Tier 7 Senior Tech Solo
- 12:20-13:20 Judges Break
- 13:05-13:20 Tier 6 15&U/16&O Preliminaries/Select Team Final - Warm Up
- 13:25-13:45 Tier 6 15&U Team Prelims
- 13:50-14:10 Tier 6 16&O Team Prelims
- 14:10-14:15 Select Team Final
- 14:15-14:30 Tier 7 Junior Team Preliminaries/Tier 6 Combo Final - Warm Up
- 14:35-15:05 Tier 7 Junior Team Prelims
- 15:10-15:35 Tier 6 Combo Finals

15:35-15:55 Tier 7 Combo Final/Tier 7 Senior Tech Team - Warm Up
16:00-16:40 Tier 7 Combo Finals
16:45-17:00 Tier 7 Senior Tech Team
17:00-17:30 Awards - Figures, Combos, Select Team
18:30-22:00 Banquet – Galaxy A Room, Travelodge Hotel

Saturday March 24th

09:00-09:15 Tier 6 15&U/16&O Duet Preliminaries - Warm Up
09:20-09:50 Tier 6 15&U Duet Prelims
09:55-10:25 Tier 6 16&O Duet Prelims
10:25-10:40 Tier 7 Junior/Senior Tech Duet Preliminaries - Warm Up
10:45-11:25 Tier 7 Junior Duet Prelims
11:30-11:35 Tier 7 Senior Tech Duet
11:45-13:00 Break
12:45-13:00 Tier 6 15&U/16&O Solo Finals - Warm Up
13:05-14:00 Tier 6 15&U Solo Finals
14:00-14:15 Judges Break
14:15-14:55 Tier 6 16&O Solo Finals
14:55-15:10 Tier 7 Junior Finals/Tier 7 Senior Free - Warm Up
15:15-16:30 Tier 7 Junior Solo Finals
16:30-16:45 Judges Break
16:45-17:15 Tier 7 Senior Free Solos
17:15-17:30 Awards – Tier 6 and Tier 7 Solos
17:15-18:15 Judges Break
18:00-18:15 Tier 6 15&O Team Finals/Junior Team Finals - Warm Up
18:20-18:35 Tier 6 15&O Team Finals
18:40-19:10 Tier 7 Junior Team Finals
19:10-19:25 Tier 6 16&O Team Finals/Tier 7 Senior Free Team - Warm Up
19:30-19:40 Tier 6 16&O Team Finals
19:45-19:55 Tier 7 Senior Free Team
19:55-20:30 Awards - Tier 6 Teams, Tier 7 Junior Teams, Tier 7 Senior Team

Sunday March 25th

09:00-09:15 Tier 6 15&U/16&O Duet Finals - Warm Up
09:20-09:50 Tier 6 15&U Duet Finals
09:55-10:25 Tier 6 16&O Duet Finals
10:25-10:40 Tier 7 Junior Duet Finals/Senior Duet Free - Warm Up
10:45-11:35 Tier 7 Junior Duet Finals
11:40-11:45 Tier 7 Senior Free Duet
11:45-12:00 Awards – Tier 6 Duet, Tier 7 Duet

Draws – Posted on the Web Site at: <http://saskatoonaqualenes.saskatoon-sk.com/westernregionals2007.htm>